

Name: BHASWATI BANERJEE

Age: 51 YEARS

Gender: Female

Date: 18/11/2025

Chief Complaint

LBP WITH LEFT SIDED RADICULOPATHY- 3 MONTHS

Test Report

MRI 27.10.25 L4-L5 & L5-S1 BILATERAL NERVE ROOT COMPRESSION. L4-L5 15MM, LS-S1 10.

Medical History

DM TYPE 2, HTN - ON MEDICATION

Remarks

Pain History

Onset	GRADUAL
Duration	3 MONTHS
Aggravating Factors	NIGHT TIME
Relieving Factors	WALKING

Bladder & Bowel Control

NORMAL

On Examination

ROM FORWARD FLEXION IS PAINFUL

Special Test

SLR- RT & LT BOTH ARE 0-90 DEG, **FABER** RT & LT BOTH ARE -VE.

Advice

AVOID CROSS LEG SITTING, FORWARD FLEXION

Physiotherapy Management

IFT, UST, OSTEOPATHIC ADJUSTMENT. - 21 DAYS

Doctor's Signature