

**Name: UDAY SANKAR MITRA    Age: 71 YEARS    Gender: Male**

**Date: 17/11/2025**

**Chief Complaint**

RIGHT KNEE JOINT PAIN 3-4 WEEKS

**Test Report**

X RAY (3.11.25)                      RIGHT KNEE OA CHANGES, VARUS DEFORMITY

**Medical History**

OPEN HEART SURGERY (2022)

**Remarks**

**Pain History**

Onset	GRADUAL
Duration	3-4 WEEKS
Aggravating Factors	WALKING, STANDING
Relieving Factors	REST

**Bladder & Bowel Control**

N/A

**On Examination**

ROM	RT KNEE IS IN FULL ROM
Swelling	ABSENT

**Special Test**

N/A

**Advice**

AVOID FLOOR SITTING, CROSS LEG SITTING, STAIR CLIMBING, COLD COMPRESSION ,USE WAETERN TOILET

**Physiotherapy Management**

IFT, ROBOTIC KNEE DECOMPRESSION - 21 DAYS

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Doctor's Signature