

Name: BITHI MUKHERJEE Age: 69 YEARS Gender: Female

Date: 14/11/2025

Chief Complaint

NECK PAIN & VERTIGO - 7 -8 WEEKS

Test Report

N/A

N/A

Medical History

HTN - ON MEDICATION

Remarks

Pain History

Onset

GRADUAL

Duration

7-8 WEEKS

Bladder & Bowel Control

NORMAL

On Examination

ROM

RT& LT SIDE ROTATTION IS PAINFUL.

Tenderness

NECK PARASPINAL MUSCLES ARE TENDER

Special Test

SPURLING TEST - +VE

Advice

AVOID FORWARD FLEXION OF NECK

Physiotherapy Management

UST, NECK MOBILIZATION, HOME EXERCISES [10-14 DAYS]

Doctor's Signature